



SAFETY FROM RAPE

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The techniques and methods of prevention and protection can be summarized into a series of ideas by utilizing the very appropriate work SAFE: Each letter in the work relates to a significant area of being safe.

Security:



1. All doors and windows should be locked.
2. When a home is unoccupied, make it appear as if it is attended.
3. If a woman lives alone, she should never advertise this fact.
4. When answering the door, check the caller through a door viewer and ask for identification.
5. When answering the phone, never admit to being alone in the house.
6. Do not hide keys outside.
7. Keep the entry way to you home well lit at night.
8. Have house keys ready to

unlock the door as soon as you reach it.

9. Emergency numbers to police and fire departments should be kept near the telephone (911 Fire and Police).



As for the car, the following precautions should be observed:

1. Have keys ready to unlock the door as soon as you reach it.
2. Always keep the door locked — whether your are in your car or out of it.
3. When returning to the car, always check the rear seat.
4. Always park in well-lighted areas, and close to buildings.

5. Keep you car in good running condition.



6. If your car breaks down, put on emergency flashers and call for help. Do not get out of the car. When help arrives ask that a wrecker, or other emergency vehicle be sent — never go with a stranger.
7. When parking your car in a pay lot where the attendant requires the car key, leave only that key and not the entire key chain with house keys on it.
8. Never pick up hitchhikers.

Avoid:

1. Avoid dangerous situations and places.
2. Common sense dictates that anyone should avoid dark, isolated places.
3. Wait for a bus, taxi, etc. in a well-lit and populated place.
4. Let friends or family know

where you are going and when you will be back.

5. Nearly half of all sexual assaults are committed by acquaintances. Be aware of the danger of blind dates or of being alone with a date on the first meeting. Meet in



public or go out in a group. Drive your own car.

If leaving a business or meeting for the evening, women should escort each other to their respective vehicles or better yet, carpool.

Flee:

1. If being followed in a car, drive to the nearest area where there is activity. Don't go home.
2. Try a busy business, the police or fire station. Honk your horn all the way. Create a commotion when you get there.
3. If you are on foot, run to a home

or business.

4. If the follower is in a car and you are on foot, flee in the opposite direction the car is going.
5. Active resistance while fleeing is an option. Scream, yell, and tell the potential rapist to stop following.

6. Carry pepper spray or an air horn. Test them regularly to make sure they are functional.

